



Virtual Visit Instructions

1. TAKE PHOTOS

All you would need to capture these photos is a cell phone and a pair of spoons. The spoons will be used to keep the cheeks and lips out of the way so that we can get better views of your teeth. For clearer, brighter photos, please make sure that your flash is on and the photos are focused. Below are examples of what the intraoral and facial photos should look like.

Intraoral Photos



Frontal View Biting Down



Right Side View



Left Side View



Upper Teeth View



Lower Teeth View

Facial Photos



**Facing the Camera,
Lips together and relaxed**



**Facing the camera,
Smiling**



**Turned towards the left,
Lips together and relaxed**

2. Send Photos

Send your photos to braces@lakesorthodonticsmn.com. In the email, please make sure to include the patient's full name along with their date of birth. A Lakes Orthodontics staff member will reach out to you within a few business days to discuss the next steps in the process. Please feel free to call or email us if you have any questions!



Lakes Orthodontics